

NSAHO Long Term Disability Trustees Meeting Highlights

September 15, 2023

The LTD Trustees met September 15, 2023 at Health Association Nova Scotia offices, 2 Dartmouth Road, Bedford, Nova Scotia and via MS Teams, hosted by Health Association Nova Scotia.

- The unaudited financial statements for the period ending June 30, 2023, as presented by the Fund's Comptroller, were accepted by the LTD Trustees.
- The LTD Fund Investment Market Value as at June 30, 2023 is \$223.3 million. The Investment Consultant reviewed performance with the Trustees.
- The Monitoring Report for Management of Identified Risks for the period January to June 2023, as presented by staff, was accepted by the LTD Trustees. The report outlines the management of high risks within the areas of Operational and Control Systems, Funding and Investments, Governance and Reputational Risks, and, Legal and Political Risks.
- Staff presented the Disability Score Card for Quarter ending June 30, 2023.
- The LTD Trustees completed a successful biennial compliance review of the LTD Trustee Delegation Policy.
- The LTD Trustees completed a successful biennial compliance review of the LTD Trustee Procurement Policy.
- The Personalized Assistance to Health (path) Program Manager and Lifemark, the path program provider presented a review for the period April 1, 2022 to March 31, 2023
 - Mental health remains the number one diagnosis with a concerning increase in addiction being noted.
 - Referrals were up by 8% with a total of 3231 and participation rose by 2% with a total of 738 participants.
 - The overall RTW continued to rise, up to 64.5%, again exceeding the contractual KPI of 40%.
 - A second audit was conducted measuring the levels of service provided by Lifemark. Results were excellent with no concerns noted.
 - The **path** survey continues to report high satisfaction with both the program and the level of service provided by path consultants.
 - Mandatory Referral reports continued to be provided to member organizations on a quarterly or annual basis. Moving forward, reports will be provided on an annual basis only.
- An audit of the path program service provider for the period 2021-2022 was completed by GBS staff and results presented to the Trustees. Lifemark continues to do an excellent job executing the case management work for the path program. Satisfaction with the work done by consultants and overall program satisfaction remain high.

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- The LTD Trustees extended the path service provider's contract. The Lifemark contract was executed with fees negotiated over a six-year period. The sixth year of the contract starts on February 18, 2024 and includes an increase in case management fees. The Trustees also agreed to establish a funding guideline to allow path to continue to support members in need of addiction treatment.
- The LTD Trustees will next meet October 19, 2023 for an Education Day, followed by their next scheduled business meeting on October 20, 2023.

Respectfully submitted,

LTD Trustee
NSAHO LTD Trustee
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If you have questions regarding the LTD Plan and its governance, please contact Susan Belmore-Vermes, Director, Group Benefits Solutions at 902-832-8529.

For more information, visit www.healthassociation.ns.ca, select the Benefits Plan Member Information button and select Long Term Disability from the side menu.