

How to properly use Repositioning Wedges



When residents are unable to reposition themselves, 30-degree wedges are often utilized to assist with side-lying repositioning.

- 1** Roll resident to one side.
- 2** Place both wedges along same side of body with black rubber material facing up.
- 3** Line upper wedge up with resident's shoulder blade to mid back.
- 4** Place lower wedge about 8" (two fists) from upper wedge - DO NOT make contact with wound.
- 5** Tuck wedge underneath resident to their midline (do not over insert).
- 6** Hold wedge in place as you tip resident back onto wedge. Ensure resident is comfortable.
- 7** Confirm proper offloading by placing your hand underneath the offloaded area. The coccyx and sacrum should not be touching the bed.

