

**NSAHO Long Term Disability Trustees  
Meeting Highlights  
May 15, 2026**

The LTD Trustees met on May 15, 2026, at Health Association Nova Scotia, 2 Dartmouth Road, Bedford, Nova Scotia, and via MS Teams. The meeting was hosted by Health Association Nova Scotia.

- The LTD Fund Market Value as at March 31, 2026, is \$359 Million.
- The Plan Quarterly Investment Preliminary Review for the period ending March 31, 2026, as presented by the Fund's Investment Consultant was accepted by the LTD Trustees. The LTD Trustees completed a successful annual compliance review of their Confidentiality Policy, their Conflict-of-Interest Policy, and signed their Annual Certificate of Compliance.
- Staff presented the Disability Score Card (Key Performance Indicators and Targets) for the quarter/year ending March 31, 2026.
- Trustees approved the Key Performance Indicators and Targets, for the fiscal year 2026/2027.
- In alignment with their Benefits Policy, the Trustees conducted an internal review of the LTD Plan to collect feedback on the Path2Health LTD Program. The objective was to better understand claimant's perceptions of the plan, what is working well, and areas for improvement. Members of the LTD plan who are currently receiving, or have previously received, LTD benefits were invited to participate in the survey.
- The independent consulting firm that administered the survey reported positive results across several key areas:
  - The response rate for the survey was very strong (36%)
  - The overall satisfaction with the Path2Health Long Term Disability Program is high. Manulife is viewed favorably as the Claims Adjudicator for Path2Health.
  - The Personalized Assistance to Health (path) program is seen as a valuable resource when going through the LTD claims process.
  - Administrative burden, understanding of the LTD process and external factors are the most reported challenges.
- The results will be further reviewed and opportunities for improvement and strategy related to the program will be analyzed. The survey may also be expanded in the future to include additional employee groups or interest holders.
- The LTD Trustees' next scheduled LTD Trustee Board meeting is June 19, 2026.
- Data is being prepared for analysis by the Plan's actuary to support a valuation in fall 2026.

Respectfully submitted,  
*LTD Trustee*  
NSAHO LTD Trustee  
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If you have questions regarding the LTD Plan and its governance, please contact Mike White, Director, Group Benefits Solutions at [mike.white@healthassociation.ns.ca](mailto:mike.white@healthassociation.ns.ca)

For more information, visit [www.healthassociation.ns.ca/path2health](http://www.healthassociation.ns.ca/path2health)