

**NSAHO Long Term Disability Trustees
Meeting Highlights
September 18, 2026**

The LTD Trustees met September 18, 2026, at Health Association Nova Scotia offices, 2 Dartmouth Road, Bedford, Nova Scotia, and via MS Teams, hosted by Health Association Nova Scotia.

- The unaudited financial statements for the period ending June 30, 2026, as presented by the Fund's Comptroller, were accepted by the LTD Trustees.
- The LTD Fund Market Value of investment assets as at June 30, 2026, is \$395.67 million. The Trust's Investment Consultant reviewed performance with the Trustees.
- The Funds' external and internal legal counsel presented the current state of files to the LTD Trustees. The report included files around litigation cases, subrogation cases, recoveries of overpaid benefits, and Alternate Dispute Resolution files.
- The Monitoring Report for Management of Identified Risks for the period January to June 2026, as presented by staff, was accepted by the LTD Trustees. The report outlines the ongoing management of risks across key strategic and operational areas.
- Staff presented the Disability Scorecard for the quarter ending June 30, 2026.
- The LTD Trustees completed a successful biennial compliance review and approved revisions to the LTD Trustee Expense Policy.
- The Trustees are committed to ongoing education to support effective governance and remain informed on best practices and emerging trends in trust management. In August 2026, several Trustees attended the International Foundation of Employee Benefit Plans (IFEBC) Canadian Conference in Halifax or completed associated certificate education programs.
- The LTD Trustees will next meet on October 14, 15, and 16, 2026, for their Governance Retreat and Board Meeting.

Respectfully submitted,

LTD Trustee
NSAHO LTD Trustee

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If you have questions regarding the LTD Plan and its governance, please contact Mike White, Director, Group Benefits Solutions at mike.white@healthassociation.ns.ca

For more information, visit www.healthassociation.ns.ca/path2health